America's Tiniest Newspaper

Best Climate in US by Government Report

No. 40 Alpine, Calif. 92001 Friday, Oct. 4, 1968

MINERAL ART EXHIBIT EXQUISITE This month's display at the library,

in the Woman's Club, Hwy 80 at W. Victoria, is an outstanding example of the craft of the "rockhound", or mineral devotee. It was arranged by Reed Durham, president of the new Alpine Area Art Assn.

In photo made when Durham was setting up the display are Durham and Miss Pat Wright, referance consultant from the main County Library who goes NEW YORKERS BUY, TO BUILD

Anna Jerney, of Alpine Realty, reports sale of $1\frac{1}{4}$ acres on Sunny Acres Ave. from Mr. & Mrs. Haman. Buyer was Wayne O. Shore and his wife Lilyan, of Hicksville, L.I., NY. They have two children, are quite enthused over this area. She will be here next summer when school is out, get the well in, then start building a 2-bedroom



around to all the libraries in her work. She remaintranced by the gorgeous germ and minerals and the many forms of jewlery on exhibit in the glass case shown in the other photo.

Elizabeth West, librarian has secured some interesting material text and illustrations from newspapers and magazines, to explain the varied facets of this growing hobby -- and profession.

Today there are many clubs that

forage into desert and mountain areas

More on 15

ANOTHER NEW FAMILY

Mr. and Mrs. O. A. Hyge have just moved into the Harold Slawson home at 2833 Victoria Drive that belongs to her father-in-law. They came from Oakland where Mr. Hygh was in the cleaning business. However, both originally hailed from SD where she was in photo finishing service and he hopes to get into photo journalism as a hobby. They knew about Alpine and chose it to retire in, because of the famed climate and other assets.

"Are you saving any money since you started your budget system?"

"Sure, By the time we have it all balanced up every night it's too late to go anywhere.

ALPINE



PHARMACY

PRESCRIPTION SPECIALISTS COSMETICS **GIFTS**

2109 Hwy 80

Alpine 445-2488

EL CAJON THEATRE

444-3272 NOW THRU TUESDAY

Brian Keith Maureen O'hara Haley Mills "Parent Trap"

"Battle Beneath the Earth"

FAMILY NIGHT EVERY TUESDAY

AERO DRIVE-IN

444-8800 NOW THRU TUESDAY

Clint Eastwood Inger Stevens "Hang em' High"

Peter Sellers "The Party"

Swapmeet 9 to 5 Sat. & Sun. 25¢ to Walk in \$2. to drive in & sell per car



ALPINER WINS AWARD

Mary Ann Hatcher, daughter of J. A. Hatcher, 263 W. Victoria Drive. was awarded the Merit Award for outstanding student at SD College of Medical and Dental Assistants. She graduated with honors, was the only one of her class to receive the pin, which was presented by W.J. Mezger, president of the Association.

She was graduated Friday, is interning with Dr. John Tyler of SD.

ROTARY HOLDS PICNIC HERE

The Old Mission Rotary Club of SD is sponsoring a big picnic in Alpine Sunday, to be at Palo Verde Lake. Mr. and Mrs. Robt. Gustafson will hold open house for the group and Judge Geo. G. Crawford is president, will be on hand to greet everyone.

There will be a band provided by Gustafson's Furniture Store in SD, pony rides, horseback riding, swimming and picnicing, and a lot of fun and excitement is promised by the club for all members and their families attending.

For Your Health Foods, Vitamins & Special Diets Purchase With Safety & Confidence At The

VALLEY HEALTH FOOD STORE

IN BUSINESS SINCE 1950

W.L. HOUGHTON, OWNER.

The address is still 133 Prescott, El Cajon 444-8447

JAPATUL ROAD DISCUSSED

Thursday Henry Boney together with a County Engineer met at the home of Joe Durbin to discuss paving and improving 3 miles of Japatul Valley Road that is curvy, narrow and dangerous in wet weather. This stretch starts at Campbell's Egg Ranch and goes to Barret Junction and residents have tried for years to get the county to improve it. "El Capitan High School and Alpine buses make 6 trips a day over the bumpy road which should have been included in the county's budget years ago" say residents.

ACACIANS' POTLUCK NEXT WEEK

Dr. Martin Rosten of Fletcher Hills, who took the SD Zoo trip to Africa, will show his beautiful series of slides made on the jaunt to the Acacia Club. He shot all but two of them. The monthly potluck is next Friday night at 6:30 in Fuller Hall, designed for all Masons and their families.

Harry Hodskins is back from EC Hospital where he has been for the past

CHAMBER TO WELCOME FREEWAY

One new community need, says outgoing president Dr. J. S. Campbell, "is erecting large lighted signs before each off-ramp to Alpine when the freeway is completed. This will have to be financed, among other community projects, by new residential memberships which are only \$10 a year. So now is the time to join your chamber".

First meeting with new officers is slated for Oct. 16 in the school auditorium at 7:30. With refreshments.

If you drink to other people's health too often, you'll ruin your own.

ISTINGS

EXCHANGES HOMES RANCHES ACREAGE

AL SMITH

445-2670

2249 Hwy 80

Alpine

NOW AT YOUR SERVICE!



Alpine PRINTING Co.

Custom Printing

Quality Work For Your Every Need

Also

Alpine

SECRETARIAL SERVICE

Xerox Copying * Addressing, Mailing

22511/2 Hwy 80 PO Box 204 Alpine, Ca. 92001

EDITORIAL

FOUR WORDS REFLECT AMERICAN FREEDOMS!

There is a lot of fussing today about federal, state and county codes and controls: about civil disobedience: ab-

controls; about civil disobedience; about the right to dissent, and on and on.

Back in 1964 Wheeler McMillen, a writer on Farm Journal and the Philadelphia Evening Bulletin, summarized the meaning of America's wonderful, coveted freedoms with a pungent observation on "Four Little Words".

He said a screening committee in a Philadelphia suburb questioned high school candidates to go abroad as exchange students. One query stumped all: "If someone were to ask why it is that A mericans enjoy such a high standard of living, what explanation would you give?"

The true answer, once most Americans reflect upon it, is obvious, and in only four words: "The Right To Choose."

The American has alsays had an un-

EARL'S

GULF STATION

Complete Lube Service, Dorman Recaps, Truck Tire Service: Any Place, Any Time, Batteries and Accessories, White Gas and Block Ice.

We Give S&H Green Stamps

2151 Hwy 80, Alpine

445-4188

ALPINE SUN

America's Tiniest Newspaper
445-2415 or 445-2394
2255 Tavern Road, Rt. 1, Box 189
Alpine, SD Co., Ca. 92001
Published weekly on Friday
10¢ per copy, by mail \$3. yearly
Clarke Irvine, Editor & Publ.
AOPA 194347

Alice Irvine, Art & Composition Printed & Produced on the Ranch 2nd Class postage paid at Alpine. Est. Jan. 1952, Adjudged for legal ads on 11-12-59 in superior court, No. 238120.

questioned right to choose his job, unhampered. Free to select the work he likes, he has been more productive than if he were compelled to do something else.

He has had the right to use his earnings as he wished, after taxes. He may save, invest or spend as he chooses. His freedom to buy what he pleases pours incentive into every part of our industrial complex.

He has had the right to choose his education, his religion, his home, his public servants. He has had the right to make his own decisions, right or wrong; the right to risk failure or to gain success

This right to choose has been called individual liberty, private enterprise, capitalism, the American way and other things. These abstract terms do not always explain, because they convey different meanings to different minds, especially when translated into the language of other peoples with different backgrounds. But they all boil down to The Right To Choose, a simple phrase that anyone, anywhere can comprehend.

NOTED LECTURER TO VISIT HERE

Dr. Theodor Binder, who has been on medical work for the Indians in Pucallpa, Peru, is finishing a series of lectures in the US, will stop off here to visit Ward Cushing, a friend of long standing who is also interested in Indian welfare.

Dr. Binder will talk in LA later. He was in the anti-Nazi underground in WW2, has experienced many thrilling exploits. His wife, Carmen will be with him. He was also a friend of the famed Dr. Albert Schweitzer.

TREASURES IN WORDS

Train up a child in the way he should go; and when he is old, he will not depart from it. Proverbs 22:6

Farmers Insurance Group

149 N. Magnolia, El Cajon

ARLIE D. NUNLEY

442-9484



Enjoy this month's homemaking show!

Recipes From Other Lands



Catch up on the newest homemaking methods. Our auditorium contains the very latest home appliances including an electronic oven and gas grill . . . you will see them in operation. You will see programs on laundry, freezing and dishwashing as well as new recipes, menu planning and cooking hints. Call for information . . . or just drop by.

Use our other homemaking services, too:

Special programs for clubs/Consultation on the use of appliances/Kitchen planning/Telephone information for homemaking problems/Youth programs.

Second & fourth tuesdays every month 10:00 A.M.

104 North Johnson Ave., El Cajon/Phone 444-2161



San Diego Gas & Electric Company



Mr. and Mrs. Larry Wilcox, Tavern Road, are happy over the news of their 5th grandchild, a girl, born to Judy Robertson, their daughter. The baby was born Friday, Sept. 27, weighed in at 8#, 15 oz. and was named Stacey Lynn. The wee one has a brother, Scott, 4, and Judy and baby are reported as doing fine.

Commercial - Residential - Mobile

AIR CONDITIONING

Rosko Refrigeration

SALES AND SERVICE

9926 Hawley Rd.

2142 Hwy 80

El Cajon

alpine



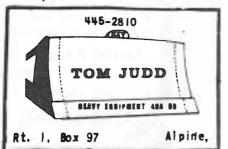
For Appointment, 445-4031

Here is part of the interested audience that enjoyed the excellent Bell System picture about the wonders of sunlight and how it makes the algae grow to produce the new miracle food Chlorella.

FORMER ALPINER TAKES OWN LIFE

Sunday morning about 9:20 El Cajon police report, 25-year old Dennis Adrian Chynoweth, formerly of Olive-wood Lane, apparently committed suicide at his home, 253 W. Park ave. Police said the act apparently followed a lovers' quarrel. He shot himself in the mouth with a 22 revolver, they reported.

The Regular meeting of WW1 Vets will be in Fuller Hall, Monday, Oct. 7, at 1:30. The Nominating committee will report on officers for 1969.





Here are hosts at Sunday's lecture, from left: Swerdloff, Dr. Bredesen, Dr. DeSeblo and Hendershot. The Chicago-born Russian is 94, looks about 70, is quite active.

Mr. and Mrs. Carl Rose are back from a month's vacation that took them to Las Vegas, and many interesting places in California, report a wonderful time and nice trip all the way.



OWE LETTERS?

Drop your pen and take phone in hand With a Long Distance call you'll be talking almost as soon as you can write: "Dear . . .". And nothing says you like your voice.





HORSE TALK

By the Double C's

Alpine now has a horseshoer we can get without any trouble and his name is Bob Walker. He lives in La Mesa but will come up to Alpine if you call, and his rates are reasonable. His number is 465-9327. We heard that Ned Collins had died but have not had any proof, so if anyone knows for sure, would like to hear from you.

Doris Scully and two of her boys, Mike and Pete, worked hard Sunday with Menconi's at their ring and between them all, got the posts in and set. The

Trailer & Camper Service & Repairs

Mobil Home Towing

TRAILER SUPPLY

1540 E. Main St., El Cajon 442-0971

CARRELL'S

Hay, Grain & Supplies

George Carrell Vet Supplies

Closed Sunday

445-4436 2424 Hwy 80

Alpine

SEE THE BEAUTIFUL.

Models

Don't miss this one, the greatest ever.

442-0201

850 EL CAJON BOULEVARD

railings are next and then the paint.

Fred Rushing finished levelling off the lot last week and it looks real nice. We know that Gary is happy to have it done as they hit a few snags in getting it finished.

Cathy Spaulding, who is Dick Brotherton's niece, finally got a horse and is going to keep it here at his home on Tavern Road. She hasn't a place where they live in El Cajon to keep one, so she made this arrangement. The horse is a mare and part Appaloosa and we know Cathy is going to have a lot of fun with her.

Mary Lou Wilcox Sands wrote her mother that she just bought a Palomino and it's colt. When she lived in Alpine she rode all the time but now has two small children and can't ride as much as she would like to. She lives with her family in San Antonio and her husband is in the service.

The date for the gymkhana show sponsored by Alpine Riding Club has not been set, but as soon as we know, will print it in our column.

Alice Villa hasn't been able to ride her mare Lady for the past few weeks because she fell off the back porch of her home and cracked a bone in her knee. She works at Florence's Market as a checker, has gone to work every day but has had to limp, so it will probably be quite a few more weeks before Lady gets a work out.

THANKS, FOLKS!

Enclosed my check for renewal of the Alpine Sun. I wouldn't miss getting the news and read every page" even tho I moved to SD, Alpine will always have a warm spot in my heart. --Goldie Vancil

Nutrition Center

Your Health Food Store 442-7212 162 E. Main

Mr. & Mrs. H.A. Gillies

COMPLETE LINE OF HEALTH FOODS. SPECIAL DIET FOODS - VITAMINS MINERALS AND SUPPLEMENTS Open Daily Except Sunday

9 am to 5:30 pm

[답 KV토 과 A. GREEN STAMPS [

TRACTOR KILLS MALCOLM HUEY

After lying helpless over 5 hours when his tractor ran over him, Malcolm Huey, sr., 72, of 2070 Tavern Road,



died at 9:54 Monday night in El Cajon Hospital. Funeral is this morning at 10 in Paris Mortuary, cremation following, with deposit in Alpine Cemetery.

Huey, native of SD and who had lived here 25 years, had been moving a hayrack with the tractor, was found by his son, Malcelm, jr., about 9:15, Deputy Coroner lenn Sanders reported. He died of chest injuries. Huey, conscious at the time, told his son the accident happened about 4 p. m.

He was a member of a Calexico Masonic Lodge, where he had farmed for several years before coming here. He was a pilot in WW1, serving as a Naval Aviator.

Survivors, besides the widow, Elna D. Huey, and his son; 2 daughters, Elna A. Bratt of Alpine, and Torrey A. Pruett of National City, 8 grandchildren and 1 sister, Mrs. Berniece L. Huston of San Diego.

> CAKES & PASTRIES For Weddings, Birthdays and Special Occasions

TASTY BAKE SHOP

144 E. MAIN 444-3686

ART CLUB TO HOLD BIG SALE

Wednesday, Oct. 9th, the newly formed Alpine Area Art Assn. Club will meet at 8 p.m. at Alpine Rock & Hobby Shop to discuss the first of two big sales they are holding. First one is slated for Oct. 19 and 20 and will be for members only.

The second sale will be open to the public and all are invited to sell any and all of their handi-work whether it is painting, pottery, or any form of hand-made items. A donation of 10% of the salesprice is all that is asked and the date for this show is Nov. 15 and 16. More particulars will be printed when they make them.

A pickpocket is a man who generally lives alone, but occasionally goes out in a crowd for a little change.

Evelyn's BEAUTY SHOP

PERMANENTS FROM \$6, 50 UP (Closed for Vacation 9/21 thru 9/28) Closed Tuesday 444-4294 2030 Crest Dr. Suncrest

BILL'S TV



2357 U.S. Hwy 80 -- Alpine "Finest in Radio and TV Service" Black and White and Color Antenna Installations

445-2134

9 am to 5 pm

HELP!

WE NEED LISTINGS

Have buyers for homes on 1 to 2 acre parcels.

GORDEN REAL ESTATE

2140 Hwy 80

Alpine



Mr. & Mrs. Mike LePage, he's Alpine's busy mail carrier, have been battling the flu. He was off the route Monday & Tuesday so Jimmy Rhea, substituted.

Kip's Cafe

Delicious - Oriental - Exotic Orders to go - Also Home Delivery Closed Monday - Free Delivery

1058 E. Main El Cajon 442-1211

Here is how the new entry to E. Victoria Rd. appears, looking north from Hwy 80, soon to be named Alpine Blvd. when the freeway is opened. This new road should be open today, paving went in yesterday.

LIBRARY CLOSED NEXT SATURDAY
Oct. 12 being Columbus Day, Alpine
Library will not be open reminds Librarian Elizabeth West. Usual hours:
Tuesday and Thursday, 1 to 5; Saturday,
10 to 2. "Don't miss the exquisite rock
and gem collection now on display",
she invites.

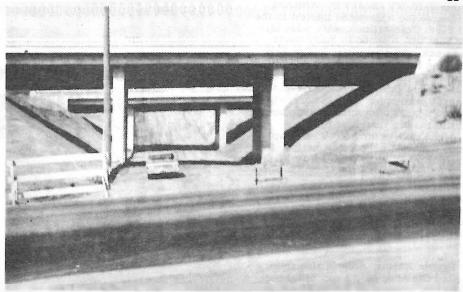
Assemblyman JOHN STULL

Will Visit ALPINE With His Mobile District Office

WOMAN'S CLUB
THUR. OCT. 10 - 8 A.M. to 12 Noon.

All constituents in the Alpine area are invited to meet Assemblyman Stull at this time.

Committee to reelect Assemblyman John Stull, Chairman, Sidney Shaw, Secretary, Mrs. Ralph Haglock, 629 2nd St. Encinitas, Calif.



NEW VICTORIA RD OPENS SOON
Here is this week's progress photo
showing the new E. Victoria Rd. entrance to Hwy 80 where it now goes
under the freeway bridges, looking
south. New water and power lines are
in and soon the Daley people will be
paving this section. An access road of
600' goes off to the right to serve one
house. (See photo next page)

Southern California Chapter No. 1, XPOW's, which covers this area, is to host the national convention in July, 1969, reports Cdr. Frank Koblischke, of Orange. Al Smith, local realtor, was state commander for 2 years, with other Alpiners, plans to attend.

Bob and Glo Newton, newcomers to Alpine, entertained friends of theirs, Gary and Linda Finney and son Trevor from Fountain Valley, Calif. They spent the weekend and loved the area, hope to find something suitable near here for their own home soon.

BROWN REALTY Co. LISTINGS WANTED

Homes - Ranches - Acreage

2237 Hwy 80 Alpine, Cal. 92001

2237 Hwy 80 PO Box 317

445-2631 Res. 445-3035

A REFRESHING CHANGE
IN AUTOMOTIVE SALES
& SERVICE



CARS & TRUCKS
STREIT CHREVOLET

8000 Morningside Way

460-1311

Due to the widespread interest in the SD 200th Celebration county-wide talent hunt which ended in many towns last week, the committee had to postpone the finals in Civic Theatre till January 6, reports Herb Launt, in charge.
They are going to book the events

on a TV station for some 18 hours with around 3 hours of commercials to ad-

vertise the big year-long party.
When each community's entry appears they will run a color motion picture of the town and its beauty spots. Alpine's entry is the Irvine Ranch Twins, and the film of this area is being prepared for the SD showings. Others will follow, sponsored by the chamber of commerce. This will bring publicity of inestimable value to Alpine.

Reenie Adams, Area Chairman for United Crusade, held a successful meeting this morning at the Youth Center with her helpers. "The Drive is on and will last through Nov. 6th" sine says, so her helpers will be out canvassing Alpine during this time.



Free personal checking accounts with a minimum balance of \$300 at Security Pacific Bank.

Regardless of how many checks you write, keep a minimum balance of \$300 in your personal checking account, and there is no monthly service Icharge.

If your minimum balance drops below \$300, a new, graduated fee schedule applies.

Check into a Security Pacific Bank checking account. Then take one home and use it. A lot.

Make your financial partner SECURITY PACIFIC NATIONAL BANK MEMBER FOR

STULL'S MOBILE OFFICE DUE HERE

Assemblyman John Stull, R-SD, with his district office mobilized, will be in Alpine on Thursday, Oct. 10, from 8 a.m. till noon to visit with constituents of this area, he announces. The caravan will be at the Woman's Club, corner Hwy 80 & W. Victoria Dr. All GOP registrants are invited to meet the assemblyman as are members of the general public, invites chairman Louis Landt of the Alpine Republican Club.

Mr. and Mrs. Lester Childers, who have lived on the Jean Adams Ranch, Hwy 80 at the Willows for the past 5 years, are moving next week to Klamath Falls, Ore. They thought they would like a change of climate and scenery.

COLOR - BLACK & WHITE ANTENNAS - STEREO - HI FI

ELECTRONICS SERVICE & SALES VEARS EXPERIENCE 15 YEARS EXPERIENCE W 442-4229

Florist 9934 Maine

"Flowers LAKESIDE

By 443-1066/1067
Evenings

Cakeside" 222-1892

Weddings Our Specialty

Enjoy The Attractive New

Log Cabin Cafe

Adjoining The Lounge

2205 Hwy 80 445-2243

SERVING OUR FAMOUS BROASTED CHICKEN STEAKS & SEA FOODS

DAILY 9 A.M. TILL 11 P.M.

C of C INSTALLATION SATURDAY

Tomorrow night in the school auditorium Haakon T. Magnussen will succeed Dr. J. S. Campbell as president of the chamber of commerce following a dinner at 6:30.

Installation will be by Supervisor Chairman Henry Boney. Other new officers: Bob Ostrander, vice-president; Mrs. John Titus, secretary; and Jack Spatz, treasurer, with directors Messers Adams, Campbell, Hoistad, LaForce, McKie and Rushing. Paul Clay will emcee.

Guest speaker will be G.H. Ellerfritz of Mt. Laguna Radar Station and entertainment will be by the Four Forties with Bit of Sweeden doing the catering.

"You still can get tickets at \$3.50 a plate", says Office Secretary Ivy Kuhl.

WOMAN'S CLUB SLATES FASHION SHOW

Tuesday, Alpine Woman's Club will hold its annual Fashion Show and potluck luncheon in the clubhouse starting at noon. President Grace Wilcox says "please bring your own service and a covered dish", has also asked for donations to the Needle Work In-gathering.

Fashions will be from Queen's Way with Eva Murray commentator.

NEW PARK OWNERS LIKE ALPINE

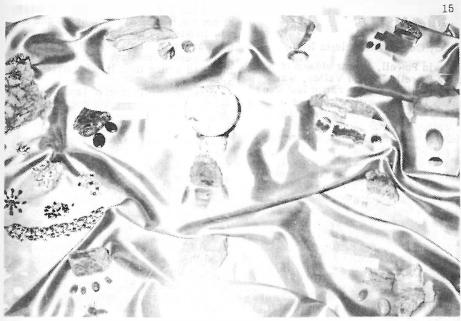
Mr. and Mrs. Chas. J. Navero, who last week bought and moved into the attractive Alpine Oaks Mobile Estates, are getting settled and making friends here. They like the community very much and are happy to be here. They hail from Illinois.

"Are you the young man who jumped in the river and saved my son from drowing when he fell through the ice?"
"Yes, ma'am"

"Where's his mittons?"

Beeson's Disposal Service Trash & Garbage Mixed

TWICE WEEKLY PICKUP
Serving Harbison Canyon To
Mt. Laguna
Call 445-3029 After 4:30 PM



MINERAL ART EXHIBIT From 1

to dig up precious worthless-looking stones that, upon expert procedure, reveal colorful and intricate patterns and are beauties. These folks go out in cars, jeeps, dunebuggies, even afoot, to search for the much-wanted rare stones,

If you are interested in rocks-- not diamonds-- don't miss this lovely display, on for the month of October,

BIG GOP DINNER WEDNESDAY

It should be big at \$100 a plate! The annual fund-raising banquet in Hotel del Coronado is slated for around 1000 diners, says R Adm. Leslie E. Gehres, USN ret. committee chairman. Congressman Gerald R. Ford, R-Mich. will be main speaker with the perennial Congressman Bob Wilson as emcee.

DE ANGELIS ITALIAN RESTAURANT

MOST INTIMATE AND ATTRACTIVE
"MADE FAMOUS BY ITS FRIENDS"

12861 HIWAY 80 OFF GREENFIELD

EL CAJON 447-0842

All Types of INSURANCE

Home - Commercial - Industrial Accident - Life - Automobile "Serving Alpine Area Since 1875" 442-8871

PERCY H. GOODWIN Co. 490 N. Magnolia, El Cajon

Howard Kaye, Interiors

UPHOLSTERING
3 Day Service & Delivery

Try our free estimates and judge for yourself.

Days 444-3158 - Nights 447-1963

1456 N. Magnolia

El Cajon

DOUBLE TALK

By Cecile and Celeste Irvine

David Powell, 7 year old son of Mrs. Donna Powell, Japatul Valley, was playing while eating a carrot last week and accidentally sucked some of it into his wind pipe. The rushed him to EC Valley hospital where a doctor put a tube down into his lungs and sucked the particles out. He is home from the hospital but not back in school yet. And to top this off, his little sister Debbie was standing on a chair by herself and fell off. She knocked one tooth out and made two real loose. Fortunately they are her baby teeth and she will get new ones. Her mother says "I have had it for this month". She still has a nice female part border collie to give away to a good home. Call 445-2140 if interested.

Ginney Payne Schutzer was happy to receive a baby girl Sept. 21st at EC Valley Hospital. She lives in Harbison Canyon with her husband Mark and this is their first baby.

Marion Bell spent a few weeks work-

McGUFFIE'S SUNDRIES

Medical Preparations - Vitamins

Fountain Lunch

Greeting Cards - Cosmetics
PAY LIGHT & PHONE BILLS HERE
Current Magazines

2363 Hwy 80

445-2121

El Cajon Awning & Mfg. Co.

Alpine Representative Lee Widmer, 445-4171

AWNINGS - CABANAS - SCREENED ENCLOSURES For

Mobil Homes - Patios - Residences

COME IN AND SEE OUR SHOW ROOM DISPLAY

845 El Cajon Blvd., El Cajon 442-3301

ing in San Jose but didn't like the weather nor the place, so came home and is now looking for another job. While she was there, Mary Ann Hatcher flew up to spend a few days with her and they had a nice time looking over the

Mrs. Jesse Williams of Japatul Valley Road has a nice male dog to give away to a good home. He is part Ger man Shepherd and came to them a week ago nearly starved. They fed and cleaned him up and would like to see the animal go to someone who would appreciate a good watch dog and one that is excellent with children. He is under a year old and probably can be easily trained. Call 445-4060 if you want him.

Terry and Gerry Lembcke are thrilled over their new baby girl that was born Tuesday in Kyser Hospital in La Mesa, They named her Dawn Marie and she weighed 8#, 4 ozs.

Charles Bingham has been out all week looking for two lost whit pigs that got out. They are 6 months old and weigh between 75 and 100 lbs and are kind of mean so if you see them, be sure to call him at 445-3684 and he will come and pick them up.

The Associated Women's Students of Grossmont College put on a "Fall Fashion Show" in the Student Center Thursday and Cecile and I were two of the models. The clothes came from Valdon's in El Cajon and we enjoyed doing the show very much. There is another scheduled for November when we will model Ski clothes.

Jim Hannon, our neighbor, is walking around with a pained look on his face. He got up in the night and bumped into the dresser and cracked a couple of ribs, so is all taped up.

Newlyweds Suzanna and Dickie Greathouse came up from Imperial Beach last week to spend the weekend with his parents

Penny Cady of Lakeside was married last Saturday. She and her family used to live in Japatul Valley

DOLL HOUSE

Antiques & Gifts
DOLL HOUSE CANDIES
BEAUTY SHOPPE
1911 Hyw 80 445-4289



CLANCY'S INTERESTING VISITORS

Clocking 2600 miles from Anoka, Minn., where they live near Minneapolis, Mr. and Mrs. D. M. Felix, spent 2 weeks with her brother, Patrick Clancy and his wife at their new log house on Eltinge Dr. On the way they saw many sights with their travel trailer.

Felix is a retired supervisor from Dunwoody Industrial Institute in Minneapolis. Mrs. Felix is retired as woman's editor of the Anoka Union, the Anoka County Union, the Coon Rapids Herald and the Blaine Life, also the Anoka County Shopper.

In photo, from left; Mrs. Clancy, Clancy, his sister and Felix taken Sunday before they departed Alpine which they like a great deal. "We certainly enjoyed our visit here", they choroused, "and your shout about the weather really made good; it's wonderful".

Mrs. Clinton Black is home from EC Valley Hospital and is able to get about in a wheelchair and walker with the help of her husband. She broke her hip several months ago.

Under New Management

CLUB ALPINE

2502 Hwy 80

445 200

John & Rosemary Fait and Charlie Lentz

Pool Tables - Coldest Beer Around

Alpine CONVALESCENT Center

STATE LICENSED

Conscientious Service, Balanced Meals, Congenial Atmosphere

Reasonable Rates Depending on care required

445-2644 or 445-2645

2121 Hwy 80

445-2771

Carl's Boot & Leather Shop

SADDLES - TACK - SUPPLIES - CHAPS TO ORDER 1275 N. Second, El Cajon 442-3027

CARE OF THE BODY

By Alice Irvine

TO LIVE LONG, FOLLOW RULES

A recent dispatch from Londdon tells how oldsters over there have extended their life span with eight "golden rules". A survey of British centenarians revealed that they followed these regulations:

1. Come from a family of long-

lived people.

- 2. Don't smoke.
- 3. Don't Drink. 4. Work hard.
- 5. Don't live in a town.
- 6. Be moderate and regular in habits.
- 7. Have a family and try to keep it close-knit.
- 8. Trust in God with a contented

If you are a woman, that helps as 6 British woman make the 100-mark to only one man who reaches that point.

Fresh air and regular habits were given by almost all the centenarians as reasons for their long life. Nearly a third lauded hard work.

This interesting report was issued by the Deciduous Fruit Board of S. African growers who send a gift of grapes yearly to all of Britain's 800 centenarians.

El Cajon Valley Insurance Agency, Inc.

168 Rea St.

PO Box 537

El Cajon, Cal. 92022 444-6151 442-3411

Charles E. Cordell

For all your needs, monthly budget plan.

FREE ZOO TICKETS FOR OCT. 7

If you have not visited the great SD Zoo lately, Monday is the time to get in free, for annually they observe Founder's Day with passes to this wonderful exhibit, which this year is next Monday. They expect over 11,000 to help honor the founder, Dr. H.M. Wegeforth. Hours: 9 to 5. It was started in 1916.

REYNOLDS HOME FROM HOSPITAL

After a week abed in the hospital, John R. Reynolds, former school board president, came home Tuesday and is taking it easy around his ranchito on W. Victoria Dr. It was his second recent sojourn there.

Darrel Broker, Tavern Rd., wife and son Darrel, jr., are back from a delightful brief vacation drive to Sequoia Park and King's Canyon.

Asked about their biggest moment, 25% said when they reached 100, followed by their wedding day, and the arrival of the first child. One man said he rode his bike till he was 95. Another said he lived long because he ate onions, while a woman remarked "no second helpings of food" which made her live long.

Nine out of 10 said they liked savory foods, chicken, beef, Yorkshire pud-

ding, fish and lamb.

Today natural scientists know that savory foods are not good, and all should eat more live foods as raw fruits, vegetables, nuts, to maintain best health -- and longevity.

Incidentally we get the monthly from the British Vegetarian Society and they have many vegetarians who live to over 100 and maintain good

health.

ALPINE



WESTERN W

Full Line of Boots, Clothing, Saddles, Tack & Accessories

2111 HWY 80

Alpine Rexall Bldg. 445-2739 Plenty of Parking MAY GROW MIRACLE FOOD HERE

Starving millions around the globe, besides many in America who are underfed, may find the answer in a new algal food that can be grown cheaply anywhere.

This was the interesting story told Sunday by a Russian scientist, Dr. R. DeSeblo of 1059 10th ave. in SD who runs the School of Attainment, and talks before religious and metaphysical groups. The informal meeting was at the home of Bud Swerdloff and his wife, Dr. Mildred Bredesen at Sunny Knolls Ranch, off Tavern Rd.

Arthur Hendershot, supervisor of the school and owner of the Desert House of Health in Palm Springs, also spoke and ran an educational film on the wonders of sunlight produced by the Bell System which showed how this new miracle food grows. It is called Chlorella and is just coming on the market. It is also being grown in large and even domestic quantities.

The Swerdloffs may start a plant here on their ranch as the scientist inspected it Sunday and believes they would succeed on account of the large number of sunny days in Alpine's famous climate.

One spoonful of Chlorella powder is equal in nutritional value to a steak", declared Dr. DeSeblo, "and it does not carry the excretional matter that meat does". He said a single cell of this manna-like food can multiply 40-fold in but 24 hours!

Mrs. Jim Madsen, of EC, who lived many years in Alpine Heights, has gone for a month's stay in Florida with her SOn.

EAST MAIN

SHOP

65¢ DOZ. WITH THIS AD (Reg. 85¢)



39 Varieties

394 E. Main 447-2323 WATKINS RETURNS TO AREA

Sidney A. Watkins and wife who formerly ran a realty office here but left some years ago, have returned to live in the home they built 12 years ago at 939 Dennstedt in EC. Their son Sid was married 5 months ago, lives in Escondido, Mrs. Watkins said when she called up to renew their subscription to

The regular monthly meeting of the Mountain Empire CRA will be held in the Alpine School Auditorium on Oct. 7 starting at 8 with talks given by Mrs. Jo Lees who will speak on "Constitutional Amendments", and John Rose, who will talk on "Republicanism." "The public is invited" says Wm. F. House, publicity chairman.

Government should be like your stomach. If it is working right you don't know you have it.

ALPINE REALTY

Company

LISTINGS WANTED

HOMES - RANCHES - LAND

2175 Arnold Way.

445-3310



CLYDE SHUE

Masonic services were Saturday in San Diego for Clyde Lester Shue, 79, of Manzanita Lane, Descanso, with burial in Alpine Cemetery. He died on the Wednesday.

Survivors: widow, Addie Mae; three daughters, Marjory Watkings, Castry Valley; Marguerite Blevins of Alhambra and Clydena Turner of SD; eight grand-children.

Alpine Grading & Equipment Rental

Fred Rushing

Alpine

445-2214

Water Wells

PUMPS

SALES SERVICE
Water Wells Drilled
STOCKTON PUMP & MACHINE

311 N. 2nd. El Cajon

444-2672

LEGAL NOTICE

45656 CERTIFICATE FOR TRANSACTING
BUSINESS UNDER A FICTITIOUS NAME
It is hereby certified that the undersigned are trans-

It is hereby certified that the undersigned are transacting business in El Cajon, County of San Diego, State of California, under a fictitious name, or a designation not showing the name (s) of the person (s) interested therein, towit:

Becker and Castleberry Backhoe Service 1136½ Persimmon, El Cajon, California WITNESS our hands this 27th day of August, 1968 1. Robett Otto Becker

11561 Valla Vista, Lakeside, California 2. James Wood Castleberry

Box 212, Lakeside, California STATE OF CALIFORNIA COUNTY OF SAN DIEGO ss

On this 27th day of August, 1968, before me Ervic Lee Pillow, a Notary Public for said County and State, duly commissioned and sworn, personally appeared RobertO. Becker and James Wood Casteberry known to me to be the persons whose names are subscribed to the within instrument, and acknowledged to me that they executed the same.

the same.

IN WITNESS WHEREOF, I have hereunto set my hand & affixed my official seal the day and year in this certificate first above written.

Ervie Lee Pillow

Notary Public In and for said County and State My Commission Expires Sept. 16, 1968 Alpine Sun, Sept. 20, 27, Oct. 4, 11, 1968. DALEY CORP LOW BIDDER

The Daley Corporation of SD was low of 4 bids to construct a Map Stop Facility on Interstate 8 at Flinn Springs, 5 miles west of Alpine. The low bid was for \$47,994,06.

State Highway Engineer Jacob Dekema reported the project includes construction of west bound off and on-ramps from Interstate 8, parking, and a map display board. Benches and refuse receptacles will also be provided. This Map Stop Facility will serve motorists entering the area of SD.

Second and third low bids were submitted by C. W. McGrath and Kenneth H. Golden Co. Bids are now under consideration by the Director of Public Works and if found satisfactory, work could be under way within 30 days, with completion expected by spring of 1969.

VIOLA RUNBECK

Funeral was yesterdat at 2:30 in Community Church for Viola Avis Runbeck, 54, of 518 Glenoaks Road, who died Sunday in an Escondido hospital after a heart attack while driving through town. Burial was in Alpine Cemetery. She was born in Iowa, had lived here 21 years,

Survivors, besides the widower, Robert F., of the Evening Tribune; a daughter, Roberta V. Sloan, of EC, 2 brothers, Robert B. Baldwin, in Missouri and L. Owen Baldwin, in Iowa, and 5 grandchildren. She was a member of the Lively Oaks.

Mrs. Goldie Vancil, former Alpiner, entertained her friend, Mrs. Dollie George, who came from Nevada, Mo. to visit her. They drove up to Alpine, as she had been here before, and she was amazed at the growth and changes that have taken place since her last visit.

Many a woman thinks she can do nothing without a husband, and when she gets one she finds she can do nothing with him.

HOMES - RANCHES - ACREAGE

Bus. 442-6679 RES. 284-9887

AL SOUDERS BRANCH MANAGER

1439 EAST MAIN STREET

EL CAJON

At a charming ceremony before the huge rock fireplace in the St. George Hotel, Volcano, Calif., Wm. Douglas Walker, of Hwy 80 here, of the noted



pioneer family, was married to Mrs. Phyllis Ahler, of SD. The Rev. John Long of the Methodist Church, Jackson, officiated.

Meredith, the bride's daughter, was matron-of-honor, and Bob Bostwick, son-in-law of the groom, formerly of EC, was best man. He is married to the daughter of Walker, the former Ruth Rooklidge of Willows Rd. Also present were Ruth's daughters, Ronnie Bostwick, of Lodi, and Sherry Kennedy of SD, and

Bob Wilson's TEXACO SERVICE



BATTERIES - TIRES - ACCESSORIES
Complete Motor Tune-Ups
445-2872

2232 Hwy 80

Alpine, Calif.

Doug's granddaughter, Debra Hogsed of Lodi. Present from the bride's family were her son-in-law, James Ahler of Escondido, and her grandson and his wife, Mr. & Mrs. Wm. Weeks of Napa.

In photo the couple are cutting the cake with a Samurai sword once owned by the late Brig. Gen. Harry Liversedge of the USMC.

"We are all so happy for him, and dearly love the woman he has married", Ruth wrote the Sun from the Bostwick home in Pine Grove; "it's not often a daughter gets to plan her father's wedding, and really it was lots of fun and turned out to be a beautiful, huge success".

Land Listings N.M. GRIECO Realtor

465-9900

7299 University Ave.

La Mesa



FISH FRY

EVERY FRIDAY!

All You Can Eat \$1.75

STALLION

OAKS RANCH Descanso

445-4179

NOW SERVING

LUNCH & DINNER



Choice Steaks - Fine Seafoods Italian Dishes

PETRUCELLI'S

442-1152

156 E. Main

El Cajon

Classified

WHENYOU THINK OF TOYOTA, think of Gene Adams, of Alpine. He can put you right into a Toyota, and at the right price. Call 283-5877 or 445-3731.

HORSESHOER - Quality work at regular prices. Robt. Walker. 465-9327. (10-11)

66' SUZUKI- \$250. cash. 250 cc new tires. 445-3803.

Republicans and Democrats: We have a platform you can read and understand. Write for free copy, no obligation. The Universal Party, P.O. Box 516, Berkeley, Calif. 94701.

Subscribe to the Sun, Only \$3. a year.

Meachum's

Window Coverings And Floor Coverings SALES AND INSTALLATION

444-4398

260 W. Douglas

El Cajon

LEGAL NOTICE

45720 CERTIFICATE FOR TRANSACTING
BUSINESS UNDER A FICTITIOUS NAME
It is hereby certified that the undersigned are transacting business in Alpine, County of San Diego, State
of California, under a fictitious name, or a designation
not showing the name (s) of the person (s) interested
therein, towit:

Alpine Printing Co. 2251½ U.S. Highway 80 - P.O. Box 204 Alpine, California 92001

WITNESS our hand this 11th day of September, 1968

Robert Newell Miller
 Rt. J. Box 314, Alpine, California 92001
 Charles Newell Miller

Rt. 1, Box 314, Alpine, California 92001
3. Agnes Miller

Rt. 1, Box 314, Alpine, California STATE OF CALIFORNIA

COUNTY OF SAN DIEGO ss
On this 11th day of September, 1968, beforeme Wm. G.
Brown a Notary Public for Said County and State, duly
commissioned and sworn, personally a ppeared Robert
Newell Miller, Charles Newell Miller and Agnes Miller
known to me to be the persons whose names are
subscribed to the within instrument, and acknowledged to

me that they executed the same.

IN WITNESS WHEREOF, I have hereunto set my hand & affixed my official seal the day and year in this certificate first above written.

WM. G. BROWN

My Commission Expires April 10, 1969 Alpine Sun, Sept. 27, Oct. 4, 11, 18, 1968 30¢ per line per time. Cash only. 6 words to each line. Mail to Sun.

REAL ESTATE FOR SALE 1 BR Canyon Home, \$8500. \$2500 down, horses ok.

Alpine Frontage, Hwy 80. Commercial. Alpine, new beautiful 5 bedrooms on 1 acre, horses ok. \$31.500.

2 BR home, Alpine, \$14,750. Fenced. Fruit and shade trees. Terms.

AL SMITH REALTY 2249 Hwy 80

445-2670

500 Acres @ \$700. per acre. Write Mrs. Broni, Wixom, Mich.

FOR SALE-- One acre in Alpine. South Grade Road. Good building lot. Water hookup available. 448-7284.

WANT AN ALPINE MAP?

If you need the new Alpine map, showing all lanes, streets, roads and the freeway, send 10¢ & stamped envelope to the Sun, publisher of this latest map.

ASTROLOGY CLASS HAS 10

Last week the Astrology class started by Arthur Norris and Erna Earl got off to a good start with 10 people attending the first session. They meet every 2nd and 4th Thursday at Norris's home but if anyone wants private instruction to get started, Mrs. Earl has offered to assist. Call 445-3808 for an appointment.

Sweet Thing: "Oh, darling, I'm so discouraged. Everything I do seems to be wrong."

Boyfriend: "Mmm. Well, what are you doing tonight, angel?"

Boarding - Breaking - Training Cyclone Fence Shelters

T.J. Vanlandingham

ROCKING TV RANCH

Horses Bought - Sold Consignment

STALLIONS WELCOME

GOOD RIDING AREA SHOW ARENA

445-3328

15455 Hwy 80

El Cajon, Cal.

Saddle, 15" seat, like new, \$149. Tuner, Am-Fm Pilot 100 watt, \$99. Highspeed record changer BSA, \$30. 2 Spk cabinets w/2 12" & 4 5" \$69. Color TV Con 21" A-1 \$199. Stereo Am-Fm - FM Stereo, \$199. Banjo, 5 string, new: \$79. Guitar, folk type, 6 strings, \$35. Single bed W/metal frame, \$15. Refrigerator, good cond. \$10. Sony tape deck stereo, \$149. Onyx chess set, \$25. Fan on stand, \$25. Heater, elec port. \$25. Wheel barrow, like new, \$10. Fence posts 6' - 8' \$1. Elec fence & weed control CHB \$29. CALL B. HOLMES 445-4281 or leave a message 445-3328.

MISSOULA ARROW & BOURBON KING. Reg. Saddle Bred. Both show trained. Sac. 445-3328.

1963 Dodge Dart, 1 owner, good cond. \$650. See Betty Hodges at Alpine Realty, 2176 Arnold, Sat. & Sun. (10-4)

CAMPSTER - boat - motor and trailer. 445-4169.

ELECTRONIC ORCA Organ, Near new. \$135, 445-2149.

GOOD Transportation car for sale. Ford Fairlaine with T Bird engine. has new brakes, battery, muffler, carburetor, shocks, etc. \$339. 445-2394 or 2415.

ENGLISH BULL dog pups, 8 mos. old, AKC, Excel. with children, 445-3152.

LOST AND FOUND

Lost- Cocker spaniel, female. White under neck, fleckled face, wearing a red flea collar. Name "Cutie" Lost in Alpine Sept. 12. 445-4506.

LOST - 2 white shoats (Pigs) Weighing 75-100 lbs. 6 months old. Call Chas. Bingham. 445-3684.

George Lengbridge FOR TV SERVICE Black & White or Color 445-3885 PINE ACRES TREE NURSERY Liquid Ambers - Gallon size, 79¢ 445-3037

HANDCRAFTED Woodwork, gifts, bookends, lamps, clocks. Smiley's Motel, 3905 Hwy 80, Alpine. 445-2770. (tf)

PAINTING, interior, exterior. Reasonable, fast. 22 years exp. Neat, clean. PO Box 242, Alpine. 445-2797 (tf)

LICENSED INSURED Electrician. Chas. Shorter, 2812 Hwy 80. 445-3763.

Ruth Burdett, piano lessons. 445-2877.

La Mesa Gold Seal Cleaners & Laundry. Free pickup & Delivery. 466-5957.

SEPTIC TANKS CLEANED Modern Septic Tank Service, 444-6197.

BUSINESS CARDS, \$5.95 per M. Blue or black, postpaid anywhere in US. Add 5% sales tax. 445-2415. Alpine Sun.

PROPANE GAS SERVICE. All types appliances; gas refrigs. Free estimates. Byron Crawford, 445-2087.

DO YOU NEED A LOAN on Real Estate or sell a trust deed? Call Don Bates, 445-2537.

CUSTOM BUILT HORSE TRAILERS parts and repairs, 8201 Wintergardens, Lakeside, 448-0168.

GENERAL HOME REPAIRS Plumbing - Painting - Roofing - Electrical - Rought & Finish carpentery. 443-4530. (9/27)

ROOFING of all kinds. Do it now before it rains. Odd jobs, none too small. C.H. Frakes, Willows on Nicholiasen Road.

Ed Wagner
Independent Distributor
CARNATION

DAIRY PRODUCTS

234-2281

24

Ent. as 2nd Class, Alp. Ca. 92001

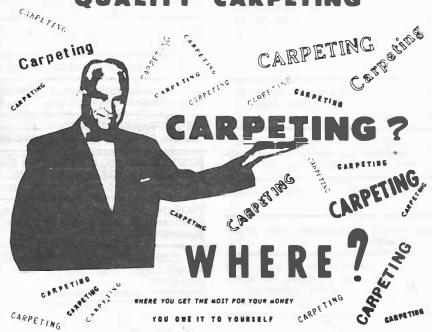
Alpine's Fine Weather

High 99, Ave. High 84 Low 50, Ave. Low 58 Trace rain, Sea. .09

Elev. 2000 Ft. Population 4, 300 Where the Sunshine Spends the Year

Return Postage Guaranteed





Investigate Us Before You Invest CALL 442-1618 RE, CARPETING

Oelkers Jurnishers

N. MAGNOLIA AVE. 467 CAJON

California's Mast Unique Camplete Buying Service

HOME S MOTELS Decorating Service For

APARTMENTS

HOTELS OFFICES

OPEN TO SERVE YOU, MONDAY & FRIDAY UNTIL 9:00

